Shoot the Moon - Tournament Rules & Regulations

1. General Information

- On behalf of ADM Soccer Club and our volunteers—have fun and enjoy the tournament!
- If you have any questions, contact Tournament Director Brett Williams at president@admsoccer.net

2. Eligibility

- Teams must be registered with a recognized governing body (USYS, US Club, etc.).
- Players must be listed on the official team roster and present proof of age if requested.
 - o All must be ISL Level 3 recreational player or equivalent
- Coaches must be listed on the official team roster
- Guest players allowed per governing body rules (maximum of 3 per team).
- First check-in: Arrive 45 minutes early for roster, player, and ID verification.
 - Failure to check in results in disqualification and forfeits of all games.

3. Rosters & Player Cards

- Roster Size:
 - U9–U10 (7v7): Max 14 players
 - U11–U12 (9v9): Max 18 players
 - U13 and older (11v11): Max 22 players
- Player/Coach cards/rosters must be presented at check-in.
 - Players must be on the submitted roster/player cards to participate and may not be rostered on more than one team. Violations result in forfeiting all games, removal from the tournament, and opponents awarded 3 - 0 wins.

4. Match Duration

All Ages: 2 × 25 min halves

• Halftime: 5–10 minutes

• Running clock; games may end early to maintain the schedule.

• No extra time (even if tied)

5. Field & Ball Sizes

U9–U10: Size 4 ball, 7v7 field

U11–U12: Size 4 ball, 9v9 field

• U13 and older: Size 5 ball, 11v11 field

6. Scoring & Standings

Win: 3 pointsDraw: 1 pointLoss: 0 pointsTiebreakers:

- 1. Head-to-head result
- 2. Goal differential (max +4 per game)
- 3. Goals scored (max 4 per game)
- 4. Goals against (lowest max 4 per game)
- 5. Penalty kicks
 - Penalty Kicks Each team selects five players. Teams alternate kicks; a coin toss winner chooses to kick first or second. If still tied after five kicks, teams alternate one at a time until a winner is decided. Goalkeepers may be changed after any shot with referee approval.
- After each game, coaches sign the scorecard, and the referee submits it to the Tournament Coordinator.

7. Misc Rules & Substitutions

- Unlimited substitutions allowed at the referee's discretion.
- All matches will be played under FIFA Laws of the Game unless otherwise stated below.
 - In 10U & younger matches, all fouls result in an indirect kick—no direct or penalty kicks. If a foul
 occurs in the penalty area, the kick is taken from the nearest spot on the penalty area line.

8. Game Balls

- The tournament provides match balls.
- Teams should have a backup ball available.

9. Uniforms

- Home team wears light jerseys; away team wears dark.
- If a color conflict exists, the home team must change.
- All players must wear shin guards.
- Goalkeepers must wear a jersey that distinguishes them from both teams and referees.
- No jewelry or taped earrings will be allowed.

10. Referees

- All referees are USSF certified.
- Referee decisions are final; no protests based on judgment calls.

11. Discipline

- Yellow Card: Caution
 - The player may continue playing.
- Red Card: Ejection
 - o Player
 - must leave the field and may not play in the remainder of the tournament.
 - Coaches or spectators
 - Must leave the facility for the remainder of the tournament.
- All misconduct will be reported to the appropriate governing body.

12. Inclement Weather

- Tournament committee may shorten, reschedule, or cancel games as needed.
- Lightning policy: Minimum 30-minute delay after last strike.
- No refunds for games canceled due to weather unless otherwise stated.
- If the tournament is canceled after it begins due to weather, teams will receive only a partial refund after expenses are covered.

13. Forfeits

- Teams must be ready to play within 20 minutes of the scheduled time.
- Minimum number of players:
 - o 7v7: 5 players
 - o 9v9: 6 players
 - 11v11: 7 players
- Any team that withdraws from or leaves a game in progress will forfeit that game and the next.
- Forfeit score: 4–0 win to opponent.

14. Protests

• The referee's decisions are final. There will be no protest hearings, and the games will stand as played.

15. Sportsmanship

- Coaches are responsible for the conduct of players, parents, and spectators.
- Zero Tolerance: Harassment of referees, players, or coaches will not be tolerated.
- The tournament reserves the right to remove any team or individual for unsportsmanlike conduct.
 - o Teams disqualified for such conduct will not receive refunds.